

COVID-19 Resources for Individuals and Families in Illinois

Information and resources to aid communities

Last updated April 20, 2020

<https://www.povertylaw.org/article/covid-19-resources-for-individuals-and-families-in-illinois/>

Here are links to information and useful resources to aid communities seeking support during the COVID-19 pandemic.

We will update this page frequently. **Learn more about the Shriver Center's COVID-19 advocacy for systemic change.**

COVID-19/Coronavirus Information

Child Care

Criminal Justice

Disability

Domestic Violence

Economic Impact Payments

Employment/Unemployment Compensation

Food

Healthcare

Housing

General Lists of Resources

Immigrant Communities/Public Charge

Legal Aid

LGBTQ

Mental Health

Public Benefits

Social Security

Technology/Internet

Utilities

COVID-19/Coronavirus Information

Illinois Department of Public Health Information About Coronavirus

In English and Spanish

State of Illinois Stay at Home FAQs

Child Care

Information and Resources for Emergency Child Care

[Governor's Office of Early Childhood Development]

Frequently Asked Questions Following the Mandatory Closure of All Child Care Centers and Homes

[State of Illinois]

Guidance for Child Care Centers, Child Care Homes, and Early Education Programs

[State of Illinois]

Criminal Justice

Illinois Department of Corrections COVID-19 Response

Cook County Department of Corrections

Disability

COVID-19 Resources for the Disability Community

[Access Living]

Domestic Violence

Services for Victims of Domestic Violence

Call 1-877-TO END DV or 1-877-863-6338 (Voice), or 1-877-863-6339 (TTY). This hotline, operated by the Illinois Department of Human Services is toll free, confidential, multilingual, and open 24-hour.

Employment and Unemployment Compensation

Unemployment Insurance and COVID-19: Pritzker Administration Efforts to Expand Access and Eligibility

Workers' Compensation Notice of Emergency Amendment

Essential workers who contract COVID-19 and file for workers compensation will be presumed to have contracted COVID-19 on the job.

Illinois Department of Employment Security: COVID-19 and Unemployment Benefits

Illinois Department of Employment Security Taking Steps to Address Unprecedented Volume of Unemployment Claims

Economic Impact Payments

Stimulus Payment Assistance

Information and resources from the Internal Revenue Service on economic impact payments eligibility and how to get a payment.

Food

Emergency SNAP Allotments, April & May 2020: What You Need to Know

SNAP Suplementos de Emergencia: Abril y Mayo de 2020 lo que necessita saber

The Illinois Department of Human Services (IDHS) is issuing emergency SNAP (LINK) supplements to more than 450,000 SNAP households to help buy food during the pandemic crisis. Congress approved special SNAP supplemental benefits in response to the COVID-19 pandemic under the Families First Coronavirus Response Act. **This fact sheet is also available in Spanish.**

Greater Chicago Food Depository Coronavirus (COVID-019) Updates and Information

Help for People Applying for SNAP and Medicaid

[Greater Chicago Food Depository]

Apply for SNAP benefits online

Attention: SNAP Work Requirements for ABAWDs Temporarily Suspended During State of Emergency

Information About the Supplemental Nutrition Program for Women, Infants and Children (WIC) Program

[Although local offices are closed to the public, community members can reference this flyer for a website and phone number that can be used to look up contact information for your local office and call to apply for benefits.]

Healthcare

Get Care Illinois

GetCareIllinois.org offers low-income individuals and families a roadmap to finding, obtaining, and using healthcare coverage in Illinois through Medicaid or the Health Insurance Marketplace.

HelpHub

HelpHub is an online community where enrollment assisters in Illinois can share their experiences, ask questions and troubleshoot problems they are having helping consumers enroll into affordable, comprehensive health care options.

HIV Resource Hub + COVID-19 Financial Assistance [AIDS Foundation of Chicago and Center on Halsted]

Fact Sheets for Patients

Fact sheets in 30+ languages from the Health Literacy Project.

Housing

Illinois Governor Suspends Evictions Pursuant to Emergency Order

[State of Illinois]

Sheriff Tom Dart Suspends Court-Ordered Evictions in Cook County for 30 Days

[Cook County Sheriff]

Can I Be Evicted During the COVID-19 Crisis in Cook County?

[Legal Aid Chicago] [**also available in Spanish**]

General Lists of Resources

State of Illinois Coronavirus Resources

City of Chicago Coronavirus Resources

Families First Coronavirus Response Act: Emergency Paid Sick Leave Act and Emergency Family and Medical Leave Expansion Act [Legal Aid Chicago]

Southside Weekly COVID-19 Community Resource Guide

COVID-19 Policy Resources

[Heartland Alliance]

COVID-19 Resources for Small Businesses and Nonprofits

[Chicago Lawyers' Committee for Civil Rights]

UIC School of Public Health COVID-19 Resources

COVID-19 Fact Sheets and Resources from Legal Aid Chicago

Chicago and Cook County Paid Sick Leave FAQ [Legal Aid Chicago]

Immigrant Communities/Public Charge

Immigrant Family Resource Program

Help for low-income immigrant families and other limited-English speaking person seeking public benefits.

Resources for Immigrants During the COVID-19 Crisis including information regarding the “public charge” rule. [Illinois Coalition for Immigrant and Refugee Rights]

Protecting Immigrant Families Illinois Resource List

COVID 19 Resources for Undocumented Communities

[Betancourt Macias Family Scholarship Foundation]

COVID-19 Resources for Undocumented Students

[UIC's Office of Diversity]

Unemployment Benefits in Illinois for Non-U.S. Citizens [Legal Aid Chicago]

Beneficios de desempleo de Illinois para inmigrantes Preguntas frecuentes [Legal Aid Chicago]

Parole Guide for Sponsors of Detained Immigrants

[If you have a loved one who is detained by Immigration and Customs Enforcement (ICE), you can help them apply for release on parole. From the Southern Poverty Law Center.]

Webinar: What Illinois Immigrants Need to Know During the COVID-19 Pandemic

Legal Aid

Legal Aid Chicago

Illinois Legal Aid Online: Legal Issues During the Coronavirus Pandemic

LGBTQ

Youth Services Available to LGBTQ Youth in Chicago During COVID-19

[Howard Brown Health]

Mental Health

NAMI Chicago Helpline

Illinois Mental Health Collaborative

Call4Calm

Illinoisans who would like to speak with a mental health professional can text "TALK" to 5-5-2-0-2-0, or for Spanish, "HABLAR" to the same number: 5-5-2-0-2-0 free of charge. A service of the Illinois Department of Human Services' Mental Health Division.

Public Benefits

How to Seek Assistance from the Illinois Department of Public Aid During the COVID-19 Crisis

ABE: Online Application for Healthcare, Food, and Cash Assistance for Illinoisans

Family Community Resource Centers

Due to the Coronavirus situation, the Illinois Department of Human Services has temporarily closed all Family Community Resource Centers (FCRCs). Please visit [ABE.Illinois.gov](https://www.abellinois.gov), call the IDHS Help is Here toll-free line at **1-833-2-FIND-HELP**, or call your office's **Urgent Call Team** for help.

Social Security

Social Security and Coronavirus

[Social Security Administration]

Technology/Internet

Free and Low-Cost Internet Plans

[National Digital Inclusion Alliance]

Utilities

Illinois Commerce Commission

The ICC has issued an emergency order mandating that all public gas, electricity, water and sewage utilities in the State of Illinois cease disconnections and waive late fees until May 1, or until the state of emergency is lifted.

Illinois Attorney General Encourages People to Contact His Office About Utility Service Shutoffs During COVID-19 Outbreak

Commonwealth Edison COVID-19 Response

People's Gas COVID-19 Response

NICOR Gas COVID-19 Response