

# ATHLETIC TRAINING

## EXERCISE SCIENCE



Toward a Bachelor of Science Degree

Minimum 62 hours

### Transfer Curriculum • Associate in Science Degree • Minimum 2.0 OGPA • Major Code: DAS

This curriculum is designed for transfer to four year institutions for this major. Consult the website of the four year institution where you plan to transfer, regarding specific course needs, requirements and deadlines.

#### FIRST YEAR

<b>Fall Semester</b>		<b>Credit Hrs</b>
<b>ENG 121</b>	Rhetoric & Composition I	3
<b>PSYC 121</b>	Intro Psychology	3
<b>CHEM 123</b>	Basic Inorg/Org Chemistry	4
<b>MATH 128</b>	College Algebra	3
	Total Hours	13

<b>Spring Semester</b>		<b>Credit Hrs</b>
<b>ENG 122</b>	Rhetoric & Composition II	3
<b>ART 121</b> or <b>MUS 121</b>	Art Appreciation Music Appreciation	3
<b>IT 119</b>	Basic Software Applications	
<b>FCS 124</b>	Nutrition	3
<b>CHEM 124</b>	Basic/Org./Biological Chemistry	4
	Total Hours	16

#### SECOND YEAR

<b>Fall Semester</b>		<b>Credit Hrs</b>
<b>BIO 121</b>	Introductory Biology	4
<b>BUS 191</b>	Financial Accounting	3
<b>BIO 261</b>	Anatomy & Physiology	4
<b>PHIL 122</b>	Fundamentals of Logic	3
<b>HLTH 113</b>	First Aid & CPR	2
	Total Hours	16

<b>Spring Semester</b>		<b>Credit Hrs</b>
<b>HIST 241</b>	American History I	3
<b>COM 121</b>	Principles of Speaking	3
<b>SOC 121</b>	Introductory Sociology	3
<b>MATH 141</b>	Statistics	4
<b>PHYS 121</b>	Basic Physics	4
	Total Hours	17

The bolded classes on this curriculum guide indicate the minimum a student must complete in order to receive an Associate degree. See advisor for specific transfer information.

Most Head Athletic Trainers are licensed Physical Therapists. See the Pre-Physical Therapy curriculum guide.

#### Career Opportunities:

Athletic Trainer, Bio-mechanist, Exercise Physiologist, Cardiopulmonary Rehabilitation Specialist, Dietitian/Sports Nutritionist, Occupational Physiologist, Employee Fitness Director, Personal Trainer, Strength and Conditioning Coach

#### Major Employers:

Colleges and Universities, Public Schools, Private Schools, Sports Clinics, Major and Minor League Sports Teams, Fitness Centers, Health Spas, Corporate Health and Wellness Centers.