trio TALK

SOUTHEASTERN ILLINOIS COLLEGE **SPRING 2019**

WELCOME BACK TRIO STUDENTS!

Spring 2019, Semester Begins!

http://www.sic.edu/trio

SIC TRIO Student, Raven Brown, Mentor & Student Athlete

TRIO EMP CLASSES

EMP 112 OSS
STUDENT SKILLS DEV.
JANUARY 7 – MARCH 3

EMP 111 OSS
JOB SKILLS DEV.
MARCH 3- MAY 5

FREE FOR TRIO STUDENTS

SEE ANGIE DUNK!

If your dreams don't scare you, they aren't big enough…

January 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	**2**	**3**	**4** Faculty/Staff Development	**5**
6	**7** Instruction Begins	**8** *Sign-ups for USI Trip Open See Taylor*	**9**	**10**	**11**	**12**
13	**14**	**15** *Sign-ups begin for The Boy Next Door SIC Production See Taylor*	**16** Spring Welcome Back TRIO Event 10a-3p Private Dining Room	**17**	**18** Last day to drop with a full refund	**19**
20	**21** ***College Closed*** 	**22**	**23** Grant Aid Meetings 10a-12p 1p-3p Private Dining Room	**24** Grant Aid Meetings 10a-12p 1p-3p Private Dining Room	**25** Individual Grant Aid Meetings 8a-12p A-143 Schedule in Advance with Lolita	**26**
27 Cody Sandusky Concert 2p VPAC	**28** Online Modules Open Today	**29** Transfer Workshop with Angie 12-1p A-153 *Module Due 4p	**30**	**31**		

FREE TUTORING AT THE STUDENT SUCCESS CENTER

The Student Success Center offers tutoring in most subjects. Tutoring is by appointment or walk-ins as available.

Math tutoring now available with a professional math tutor!

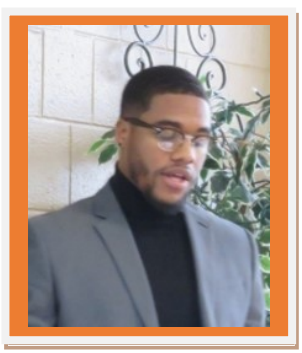
For information about tutoring, contact **Marcella Motsinger** at 618-252-5400, ext. 2383 or email at marcella.motsinger@sic.edu

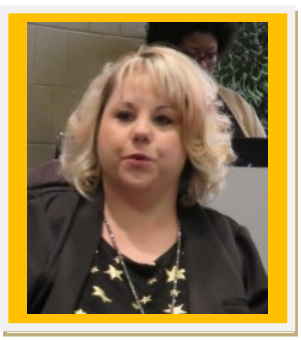
2019

Dream it. Believe it. Achieve it.

February 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Black History Month Activities Begin A-145 USI Campus Visit	**2**
3	**4**	**5**	**6** Study Skills I Workshop with Anita 12:30-1:30p A-153 *Module due by 4p	**7** Stress & Coping Skills Workshop with Taylor 1-2p. A-153 *Module due by 4p	**8** The *Boys Next Door* SIC Theater Production 7:00p VPAC	**9** The *Boys Next Door* SIC Theater Production 7:00p VPAC
10	**11**	**12**	**13** Resume Writing Workshop with Angie 1-2p A-153 *Module due by 4p	**14** Valentine's Day 	**15**	**16**
17	**18** ***College Closed*** 	**19** *McKendree University Campus Visit Sign-ups Open Today* *-Limited Seating See Taylor*	**20** Study Skills II (Test Anxiety) Workshop with Anita 12-1p A-153 *Module due by 4p	**21** *3rd Annual BHM Step Show 7-9:30p B-126 Lecture Hall*	**22** TRIO Day @ Illinois State University Bloomington & Cultural Activity *Invitation Only Event*	**23** TRIO Day @ Illinois State University Bloomington & Cultural Activity *Invitation Only Event*
24	**25**	**26**	**27** Financial Literacy I Workshop 12-1p A-153 *Module due by 4p	**28** SIC Foundation/ External Scholarship Apps Due by 4p PIP/Updates Due by 2p E-124 Black History Month Activities Due by 4p		





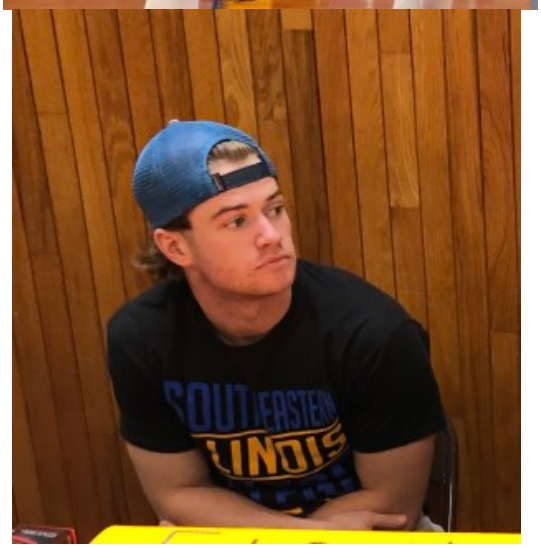
MEET THE MENTORS

My name is **Roy Michael Shepard**, but many people just call me Mikey. I was born January 14, 1999 and raised in Carmi, Illinois where I attended Carmi White County High School before coming to Southeastern Illinois College. I came here trying to get an IT degree, but switched my major to Nutrition the next semester. TRIO has helped me through all my time here, from, switching my majors to personal advising, workshops and scholarships. I was lucky enough to become a student-worker in the TRIO department my second year. It is my first official job and I have been able to learn from it by working with the TRIO staff and helping out students. My hobbies outside of classes include video games and writing.

Hello, my name is **Raven Brown** and I just turned 21 in December of 2018. This age is bittersweet for me because I love the independence I'm gaining each adult year, but, at the same time, I want to go back to a simpler time when I was in high school. I am originally from Houston, TX and moved here for a free education. Yes, it's a big difference being from the city and coming to what my teammates and I like to call “the corn.” This is my sophomore year at SIC, so I've adapted and realized it's quite peaceful. My passion is basketball; I literally can't imagine life without the sport. No exaggeration but I need it more than my next breath. I am completely and utterly infatuated with the NBA player Kyrie Irving, music, drawing, poetry, laughter, food, clothes, shoes, traveling, romance, and many more. I don't define family as having the same blood; my family is the people who gave me their support, loyalty, belief, and love since the very first time we met such as the Trio SSS Program. I'm a proud member and I was honored to become a mentor at the beginning of this year. Which has taught me that in order to lead by example you have to be the example. My students watch my every move to follow in my footsteps, so I must provide my best night in and night out. Therefore, I'm happy to say that I ended the fall 2018 semester with a 4.0! I'm getting my General Associate in Arts because I'm still not sure what I want to major in. I'm on path to graduate May 10, 2019 and I'm highly anxious to finish this chapter and enter a new one! I just want to give a special shout out to Anita Lowery, Taylor Lauer, Devona Morales, Angie Dunk, and Lolita Mack. They have contributed to me making the President's list each semester and kept my head on straight. I

honestly wouldn't have made it this far without you all. I really appreciate everything!

My name is **Jazmen Anthony (Jaz)** and I am from Cypress, Texas. I play Position Guard for the SIC Lady Falcons. I have been a TRIO Mentor since Fall 2018 and have met many TRIO students. My favorite quote is "If you don't fall, how are you going to know what getting up is like" – from Steph Curry.



Hello my name is **Austin Hefner** and I am a sophomore at SIC. I am from Harrisburg, Illinois and I play baseball for the falcons here at SIC. I enjoy playing any kind of sport pretty much, being outside going on some kind of adventure and I love spending time with my family and friends. This is my second semester as a TRIO mentor and I have learned so much from this opportunity. Being a mentor means a lot to me because I like knowing that I am someone that other students can come to if they need help or have any questions about class or getting adjusted to the school.

OVERNIGHT

CAMPUS TRIP

UNIVERSITY OF LOUISVILLE.

Also Touring...

Mohammed Ali Center
Louisville Slugger Museum
Kentucky Derby Museum

Join TRIO Friday – Saturday
April 5 – 6

Sign-up in the TRIO Office Starting March 5th

Seating is Limited!

March 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Cultural Module I Due by 4p	**2**
3	**4** Midterms	**5** *University of Louisville Campus Visit/Cultural Trip Sign-ups Open Today* *Memphis Trip Sign-ups Open*	**6**	**7**	**8**	**9**
10	**11**	**12**	**13**	**14**	**15**	**16**
17	**18** Midterm Progress Checks begin	**19** Financial Literacy II Workshop 1-2p *Module due by 4p	**20** STEM Day TRIO Lab A-153 8a-4:30p *Module Due by 4p	**21**	**22** McKendree University Campus Visit	**23**
24	**25** Summer/Fall Registration or Exit Interviews Begin E-125	**26**	**27**	**28**	**29**	**30**
31						

TRIO OFFERS SERVICES TO ASSIST COLLEGE STUDENTS

SIC TRIO offers many free services to our students for academic success. Services include:

- Free tutoring
- Academic & Personal Advising
- Specialized Software
- Private Computer Lab
- Cultural Enrichment Activities including Campus Productions
- Goal Setting Assistance
- University Trips
- Time Management
- Free Print Cards
- Study Skills Workshops
- Personal Development Workshops
- Transfer Assistance
- Scholarships
- Peer and Faculty Mentors
- Financial Aid & FAFSA Assistance
- Financial Literacy Information

April 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	**2** *Sign-ups for Aida Open Today See Taylor*	**3**	**4** Midterm Progress Check Ends today by 2p	**5** University of Louisville, KY Campus/Cultural Visit	**6** University of Louisville, KY Campus/Cultural Visit
7	**8** Campus Visit Module Due by 4p	**9** Stress & Coping Skills II Workshop with Taylor 1-2p A-153 *Module Due by 4p	**10**	**11**	**12** Spring Honor's Luncheon 12-3p Private Dining Room *Come & Go Event	**13** Cultural Trip in Memphis, TN
14	**15**	**16**	**17** STEM Day II 8a-4:30p in A-153 Module Due by 4p	**18**	**19** ***College Closed***	**20**
21	**22** Last day to Withdraw from Classes at SIC	**23**	**24**	**25** Mentor Appt. Due by 2p in E-124	**26** Aida, SIC Production 7p VPAC	**27** Aida, SIC Production 7p VPAC
28 Aida, SIC Production 2p VPAC	**29** Registration & Exit Interviews Due by 2p E-124	**30** Cultural Module II Due by 4p				

TRIO STUDENT SUPPORT SERVICES TECHNOLOGY

Each semester, the SIC TRIO program has equipment and technology available for our students. This semester we have calculators, desktop computers, laptops, iPads, Surfaces, Kindles, and a copier/printer for students to use in the TRIO lab area (A-153). Don't forget that active TRIO participants receive print cards to use in our lab!

TRIO is also active in social media! Remain up-to-date on TRIO Events by following our social media pages!

SIC TRIO FACEBOOK
https://www.facebook.com/SICTRIO/

TRIO INSTAGRAM
https://www.instagram.com/sictrioprogram/

TRIO TWITTER
https://twitter.com/TRIOSIC

TRIO TEXT REMIND
https://www.remind.com/

May 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Final Exams Study Kits Available! A-145 Spring Survey Due by 4p	**2**	**3** Supplemental Grant Scholarship Due by 4p	**4**
5	**6** TRIO Grads Pick up Sashes & Pins A-145	**7** FINALS	**8** FINALS	**9** FINALS	**10** Graduation 7p Deaton Gymnasium	**11**
12	**13**	**14**	**15**	**16**	**17**	**18**
19	**20**	**21**	**22**	**23**	**24**	**25**
26	**27** *College Closed Memorial Day*	**28**	**29**	**30**	**31**	

Join Angie Dunk for Transfer Workshop & Trips!

SIC Scholarships

2019-2020 SIC Scholarship Deadline is February 28, 2019

Southeastern offers over $600,000 annually in academic, talent, and athletic scholarships to help students achieve their educational goals. Southeastern offers many scholarships on behalf of generous donors from the Southeastern district as a way to encourage students in their academic endeavors.

To apply for scholarships, applicants must:

1. complete the application (http://www.sic.edu/files/uploads/global/Financial_Aid/Scholarships/2019-2020_SIC_Scholarship_Application.pdf)
2. Complete a typed 750-1,000 word essay explaining your career goals, leadership experience, community involvement and need for the scholarship.
3. Submit office high school or current college transcript.

QUESTIONS? CONTACT THE SIC FINANCIAL AID OFFICE! 1-800-252-5400 EXT 4110

Program Scholarships

Administrative Assistant	Associate Degree Nursing	Business
Business Management	Cosmetology	Criminal Justice
Diesel Technology	Early Childhood Education	Information Technology
Massage Therapy	Practical Nursing	Welding Technology

Performance Scholarships

Art	Competitive Speech	Theater
Music	Student Ambassador	Foundation Scholarships

Please mail your application and documents to the address below.
Attention: Financial Aid Office
Southeastern Illinois College
3575 College Road
Harrisburg, IL 62946

SCHOOL CODE 001757

6 Tips for Making the Most Out of Studying

1. Identify the time(s) of day when studying is the most effective and schedule and prioritize your work according.
2. Identify the most effective time block for study. Examples: 30 minutes, 45 minutes, or 60 minutes.
3. Avoid studying the same subject for more than an hour at a time.
4. Alternate subjects as you study, preferable two dissimilar subjects. Example: math for 30 minutes, and then English for 30 minutes.
5. Be honest with yourself in assessing personal strengths and weaknesses. Cater your study habits to your personal attributes and aptitudes.
6. Adapt your study skills to each class, as not all courses require the same methods of study.

Come by and see Anita Lowery in A-149 is you would like more information on Study Skills.

Tutoring Schedule
Student Success Center

1-Hour Increments Available – Sign up in the SSC
Marcella Motsinger – 618-252-5400 ext. 2383 or marcella.motsinger@sic.edu

CASSIDY

MONDAY – 8:25 – 10:25
TUESDAY – 10:55 – 12:55
WEDNESDAY – 8:25 – 10:25
THURSDAY – 10:55 – 12:55
FRIDAY – 9:25 – 11:25

CLASSES:

- ENG 121 & 122
- CHEM 123
- GOVT 121
- HISTORY 121, 122, 141 & 241
- MATH 144
- PHIL 122
- SOC 121

ALEXA

MONDAY – 10:30 – 12:30
TUESDAY – 11:30 – 1:30
WEDNESDAY – 10:30 – 12:30
THURSDAY – 9:25 – 10:25
12:30 – 1:30
FRIDAY – 10:30 – 12: 30

CLASSES:

- COM 121
- EDUC 120 – 226
- ENG 121 & 122
- MATH 144
- MUSIC 121
- HISTORY 121
- HYG 121
- GOVT 121
- PSYC 121
- PHIL 122
- SPANISH 121, 122, 221

CHAITLYN

MONDAY – 9:25 – 10:25
11:45 – 1:45
TUESDAY – 8:25 – 10:25
11:45 – 1:45
WEDNESDAY – 9:25 – 10:25
11:25 – 1:25

CLASSES:

- BUS 191
- BUS 297
- COM 121
- ECON 121
- ENG 121 & 122
- HYG 121
- IT 119
- MATH 128
- MIS 121
- PHIL 121
- PSYC 121
- THTR 121

JARROD

MONDAY – 9:00 – 10:00
10:00 – 11:00
11:00 – 12:00
12:30 – 1:30
1:30 – 2:30
TUESDAY – 9:00 – 10:00
10:00 – 11:00
11:00 – 12:00
WEDNESDAY – 9:00 – 10:00
10:00 – 11:00
11:00 – 12:00
12:30 – 1:30
1:30 – 2:30
THURSDAY -- 9:00 – 10:00
10:00 – 11:00
11:00 – 12:00
FRIDAY -- 10:30 – 12:30

ALL MATH LEVELS

Spring TRIO Grant Aid Scholarships Begin Soon!

Attend ONE Grant Aid Application Meeting to find out how you can qualify for a scholarship!

MEETINGS

Wednesday: January 23rd, 10 am --12 pm and 1pm – 3 pm in the Heritage Room (formally the Private Dining Room).

Thursday: January 24th, 10 am – 12 pm and 1 pm – 3 pm in the Heritage Room.

Friday: January 25th, 8 am – 12 pm: Personal meeting with Director Lolita Mack in A-143. MUST schedule in advance.

SIC TRIO PROGRAM STAFF

Lolita L. Mack, TRIO Director
618-252-5400 ext. 2432
lolita.mack@sic.edu
Office: A-143

Anita Lowery, TRIO Education Technology Coordinator
618-252-5400 ext. 2473
anita.lowery@sic.edu
Office: A-149

Angie Dunk, TRIO Academic Advisor
618-252-5400 ext. 2433
angie.dunk@sic.edu
Office: E-126

Taylor Lauer, TRIO Program Specialist
618-252-5400 ext. 2435
taylor.lauer@sic.edu
Office: A-150

TRIO WORKS!