



Freddie's Food Pantry Opens

With over 35 million Americans suffering from food scarcity and insecurity, the need for a safe, reliable source of food is growing daily.

Freddie's Food Pantry, located in room B119, is a student-run food pantry providing on-the-go food packs for students facing food insecurity. Freddie's was unfortunately closed due to the pandemic in 2020, but has been brought back to life by this year's Student Government! Our executive officers run Freddie's Food Pantry throughout the week; any SIC student facing food insecurity can show their Student ID and receive a free, ready-to-eat food pack.

With food insecurity at a high, the Student Government members recognized that mental health is just as important as physical health. They provided information from the counseling center in every pack for students needing support. Student Government will be hosting a number of events and food drives to support Freddie's Food Pantry over the course of the year, and we are excited to open this new resource to our students in need.

Article by Jillian Womack

SIC Theatre Program Back in Full Swing

SIC Theatre has officially gotten back on track with its schedule and established a stronger route with upcoming events this year. Coming out of the pandemic has caused many students involved to take a big step toward higher commitments to what was ahead of everyone this semester. Compared to last year, a large reset within the overall department has ensued in order to maintain stability and efficiency in what is done around the place and during the show times. Having this sense of normalcy has caused the theatre group to perform very well so far.

With that, this recent semester started off with our fall straight play, "Charlotte's Web". For many, it was their first time participating in an actual "play" as many put it. That didn't affect many since it turned out to be less of a workload than expected in your average musical. The time from the start of the show process until the curtain was pulled on opening night; presented a drastic amount of growth within the story and all-around chemistry among the cast.

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Since things kicked off so well, it got students excited for the following fall musical, "A Christmas Carol". The production took place in the George T. Dennis Performing and Visual Arts Center on November 18-20. The play ran for three shows, Friday was opening night, starting at 7 p.m. with the second being Saturday's showing at the same time. Sunday's performance was a matinee at 2 p.m. Much effort and hard work were put into this musical not only for the people involved to put on a great show, but for the audience to have a good time as well.

After Christmas break, the theatre department will return in the spring with their second straight play, "The Play That Goes Wrong." The date for this production will be on February 24th, 2023, starting at 7 p.m. Only one night will be available to the public, so you don't want to miss it! More will be discussed on what is to come with the crazy journey and plans set for this show, so stay tuned. Tickets will only be \$8.00 for adults and \$6.00 for students, staff, and seniors.

Not too long after, theatre will wrap up the semester with the second musical, and the final production of the year, "9 to 5". The set date for the show will be April 21-23; Friday at 7 p.m., Saturday at 7 p.m., and Sunday at 2 p.m. Tickets will also be \$10.00 for adults and \$8.00 for students, staff, and seniors. As stated before, more will be advertised about these shows when spring rolls around.

To conclude, much has happened so far and plenty more is underway for the SIC's Theatre Department. Being back on a four-show schedule has allowed the students to understand more about what it takes to start, create, and run these productions. While the load may be a little more demanding, there is never a dull moment in the unexpected world of the Fine Arts and what is to be overcome and achieved. We hope to see another successful year for these students and their hard work and determination.

Article by Bentley Linch

2022 SIC Volleyball Season Wraps

The 2022 SIC Lady Falcons have begun their second season of division two college volleyball. This year's roster consisted of four sophomores and nine freshmen. This season started off on August 1st, with two days. We trained twice a day for two weeks, this included workouts and conditioning. After training for our 2022 season, we then started off with some conference games. We had an outstanding accomplishment as we beat our rival Wabash Valley for the first time ever. We carried that win with us as we then played and beat Shawnee in three sets. We ended up finishing this year with eight wins. However, we were very competitive with twenty out of thirty matches for this season.

Our motto for this season was to "add to it", so we added to our team skills every day. Along with our team skills, we also created a very unique and unbreakable bond. We had many fun team experiences, one of these experiences included going on a trip to Holiday World. We created very unforgettable memories throughout this season. This season was a very memorable season, and I cannot wait to see what next year's team brings to the table. My volleyball experience with Southeastern Illinois College these past two years has been unforgettable. These past two years have been some of the greatest moments of my life. I am so very thankful to have had such amazing coaches and teammates throughout the years. They have made my experience amazing, and I will always cherish these moments. I learned so much over these past two years, and I have grown as both an athlete and a person.

Although my time here might be over, there is still a new season coming up. Our returning players and new recruiters will begin training for season 2023 very soon. So come out and support our Lady Falcons for the new upcoming season. Grab some friends and hold on tight, this coming up season will bring a fight.

Article by Briley Watts Guess The Faculty's Favorite Bands!

SIC Fitness Center Update Complete

The updated fitness center on the SIC campus has been a huge upgrade for athletes and all SIC students. Something that was meant to be a five-year plan was immediately adopted and finished within one year. The fitness center now has upgraded equipment that focuses on strength training, endurance, and recovery. Before the update, the equipment was outdated and in serious need of refreshing. Thanks to the student government and the Strategic Planning committee SIC students are able to work out and train with new equipment that will better suit what they are looking for. Going from outdated equipment with little variety to fully updated equipment makes it easier for students and athletes to train the way they really need to. A new room was also added for yoga and calisthenics, freeing more space in the fitness center for more machines and allowing people to do the workouts and training they wish. The newly updated fitness center is a great addition to SIC's campus.

Article by Gracie Behnke

Guess the Faculty/Staff Member's Favorite Band!

Have you ever wondered about what the SIC faculty and staff do off campus? On campus, we see faculty and staff in "work mode", but what are they really like? One question that stood out, was the question of the staff's favorite bands. After interviewing a variety of faculty and staff members, you might find their taste in music surprising! Take a look at the lists included below. One side contains the faculty/staff members that were interviewed, and the other includes all their favorite bands. However, there is a catch. All of the names and bands have been mismatched, and you have to guess what faculty/staff member likes what band! Good luck!

Rachel Parish	Elton John
Matt Lees	Green Day
Alison Edmund	The Mavericks
Paul Cummins	Bon Jovi
Jarrold Appel	Alice in Chains
Kim Martin	Trampled by Turtles
Dr. Shawn Smith	The Beatles
Joanna Lane	Billy Joel
Jason Fitzgerald	Wayback Machine
Kellye Whittler	Django Reinhardt and the Quintet of the Hot Club

Did You Know...

Two of the math professors at SIC have been hiding secret musical talents? Kim Martin has her own band, called "The Reunion Band" which consists of all SIC Alumni. Her band plays a mixed number of genres, such as early rock. She can be seen playing at a variety of local events, restaurants, and even several enjoyable community buildings, like axe throwing. Nicknamed "Mr. Rappel", Jarrod Appel is known for being the math tutor as well as a professor, but what most people do not know, is that he lives a secret second life. During class, Mr. Appel will perform on-the-spot raps about what math the class is learning. Surprisingly, Gareth York does not have a favorite band! He reports that he does not listen to very much music, instead, he enjoys theatrical performances.

Answers: Rachel Parish-Billy Joel. Matt Lees-Alice in Chains. Alison Edmund-Trampled By Turtles. Paul Cummins-Green Day. Jarrod Appel-The Mavericks. Kim Martin-The Beatles. Dr. Shawn Smith-Django Reinhardt and the Quintet of the Hot Club de France. Joanna Lane-Wayback Machine. Jason Fitzgerald-Elton John. Kellye Whittler-Bon Jovi.

Article by Avery Hicks

SIC Students are Ready to Enjoy Christmas Break!

Hannah Janssen, a reporter with the Falcon Flyer, roamed around campus asking students what they plan to do over Christmas Break.



Remington Curry

Over Christmas Break, I will be hanging out with my family. We always open one gift on Christmas Eve and we normally go to see Christmas lights at Candy Cane Lane, Patties, and the park in Draffenville on Christmas eve also.



Andrew Waters

Usually over Christmas Break, I mostly just spend time with my family and use the time to re-focus on some of my hobbies. I am not a huge fan of the cold weather, so I stay inside watching movies and getting caught up on anime. Also some of my friends and I get together and have a Friendsgiving since we don't get to see each other much anymore.



Jaylyn Ellison

I will be going to Houston Texas during Christmas break. I will be staying at the Galleria hotel and I am just traveling with a friend. We will be going to a club called "The Stampede" which is basically where you two-step and you see a bunch of swing dancers and cowboys. Who doesn't love cowboys. I am also getting a customized cowboy hat and my very own boots from the lovely state of Texas. I will be there for a couple of days, and I am extremely excited to be away from home for a while. I can't wait to surprise my family with a bunch of gifts!



Skylar Morss

My family and I are going to Patti's Settlement Land of Lights. I will also be hanging out with my family. We watch lots of Christmas movies and one of my favorites is Christmas Vacation.



Natalie Hall

My family and I are planning on going to Nashville and we will be going shopping and looking at Christmas lights.